PHYANG TO HUNDER TREK

The Phyang to Hunder trek, also known as the Nubra Valley trek, has its origins from the Tibetian word Ldumra, which means valley of flowers. Located at a distance of about 140 km from Leh, Nubra valley can be described as a paradise. With beautiful rivers crisscrossing this village, the starry nights and the chilly climate, you will be transported in time here.

SHORT ITINERARY

DAY 1: Leh-Phyang-Phyang Phu

Time: 5hrs

Distance: approx. 12.5km

Altitude: 3250m(Phyang), 4100m(Phyang Phu)

DAY 2: Phyang Phu- Lasermo(south)

Time: 5.5 hrs

Distance: approx. 12.1 km

Altitude:4800m(Lasermola south)

DAY 3: Lasermola(south)-Lasermola- Lasermola(north)

Time: 6.5 hrs

Distance: approx. 14 km

Altitude: 5450m(Lasermola), 4800m(Lasermola north)

DAY 4: Lasermola(north)-Hundar Dok

Time: 5 hrs

Distance: approx. 12.5 km

Altitude: 4000m(Hundar Dok)

DAY 5: Hundar Dok-Hundar

Time: 5 hrs

Distance: approx. 12.5 km

Altitude: 3500m (Hundar)

LONG ITINERARY

DAY 1: Leh-Phyang-Phyang Phu

The day begins with a short drive from Leh to our trek start point Phyang. After enjoying the beautiful village of Phyang and the monasteries, we will start our trek to Phyang Phu. Reaching Phyang, dinner and thereafter to camp for the night.

DAY 2: Phyang Phu- Lasermo(south)

After a slow hot breakfast to rejuvenate our bodies, we will start our trek to the south base of Lasermo. On the way we can enjoy the beautiful mountain ranges as well as the numerous lakes crisscrossing our path. The climb till Lasermo base camp will take us around five and a half hours and an altitude gain of approx. 700m.

DAY 3: Lasermola(south)-Lasermola- Lasermola(north)

We begin quite early om out trek today as the climb is arduous and tiring. However one good part of today trek would be the Lasermo pass situated at 5400m above sea level. The pass offers 360 degree views of the entire valley as well as the surrounding peaks and Shyam Valley. As the sun rises, it starts melting the snow and ice creating difficulties for our ponies. Hence this portion of the trek is always started early. From Lasermola, we begin our descent into the north base camp where we will set up base for the night.

DAY 4: Lasermola(north)-Hundar Dok

The trek today would be comparatively easier than yesterdays trek. Enjoy the beautiful meadows as far as the human eye can see, flowers as beautiful as can ever be and not to mention the Hundar Stream. Further downstream we reach the village of Hundar Dok. The village is beautiful with yaks, sheep’s and goat’s everywhere.

DAY 5: Hundar Dok-Hundar

The last day of our trek. Today our trek takes us through the Hundar Gorge. After following the gorge for some time, it opens up before the final descent into Hundar. Just before the descent, we can see the beautiful Saser Kangri peaks. Once we reach Hundar, we camp for the night under the beautiful night skies filled with glittery stars.