CHALUNG TO NIDDER

Trekking through the beautiful landscapes filled with contrasts in Leh, Laddakh, a trekker experiences bliss and collects memories that he can take back home for a lifetime. Be it the slow ebbing rivers or the rapids, the beautiful alpine trees, the snow covered majestic peaks, there is an interesting flow to the sceneries. One such trek which lets you enjoy the beauty of Leh is the trek from Chalung to Nidder. This is a moderately difficult trek and would test your endurance and limits.

The trek is a short duration one hardly taking 4 days to complete. We prefer doing this trek from the middle of June to September as it provides the best views and is the safest time to trek.

SHORT ITINERARY

DAY 1:

Trek from Leh to Chalungdo.

Duration: 6 hrs

Day 2:

Trek from Chalungdo to Doksa

Duration: 3hrs

Day 3:

Trek from Doksa to Camping.

Pass at Lungmar La at an altitude of 5,390m.

Duration: 7hrs

Day 4:

Trek from Camping point to Nidder

Duration: 4hrs

Day 5:

Drive back to Leh from Nidder

LONG ITINERARY

DAY 1: Leh to Chalungdo

Today, being the first day, we start with a slow drive from Leh to Chalungdo. The river Indus keeps us company, flowing along, till we reach Chalungdo in about 4 hrs. Enroute we will stop at Chumathang to enjoy the hot springs here. On reaching Chalungdo, further 3 km down behind the Mahe Bridge and enroute to Tsomiri and Tsokar there are a number of camping grounds. We will be camping here for the night, which is at an altitude of 4,400m near the river Paldong.

Day 2: Chalungdo to Doksa

Another day of trekking. Today we will get beautiful views and experiences for a lifetime. We start quite early after breakfast enjoying the beautiful nature at Chalungdo as we sip our morning tea/coffee. The path today would be filled with small outgrows of plants which becomes lesser as we continue along. Further into the ascent, we will find a small river where we will set up our camp for the day. Doksa is situated at an altitude of 4,775m which is on the right side of a valley.

Day 3: Doksa to Camping

Today is going to be the toughest day in our entire trek as we will be climbing all the way to Lungmar La Pass situated at an altitude of 5,390m. As you climb higher the landscaper gets wider till the river end. From there the trek further takes you to the pass at Lungmar La. The view from up here is fantastic as you will be able to see the entire valley below as well as the other hill tops. To your right are the snow-capped peaks of Chalung, Changser Kangi, and Lungser Kangri as well as the calm and serene lakes of Kyun Tso. After enjoying the views from the top, we start our descent into our camping ground which is at an altitude of 4,820m.

Day 4: Camping point to Nidder

Today can be considered as the last day of our trek as tomorrow we will be driving back to Leh. We start our day as usual after breakfast to trek down across the gorge and the plateau’s till we reach the valley at an altitude of 4,390m. Further descent down, we will reach the village of Tsongkar Karu which is at an altitude of 4,265m. This is the smallest village along the route with only 16 houses and a school for the kids. The next big village is just an hour’s walk which is our stop for the day, Nidder. You can find proper eateries in Nidder where you can get goos food before retiring to you camps near the meadows.

Day 5: Nidder to Leh

The final day of our trip as we conclude with a drive down to Leh. We will stop en-route for taking pictures and visiting the various monasteries to reach Leh by evening. Check into some hotels there or catch a flight back home with memories and great experiences.