**LAMAYURU TO SHANG**

Shang is a tiny village on the outskirts of Ladakh with a population of just 51 households. Nested in the shades of the majestic mountains, with jaggered rockfaces and the Indus river flowing nearby, this wilderness of Leh, Ladakh bemoans of breathtaking beauty and starry nights with temperatures down to the minus degrees. If you want to enjoy quite nights here the wind whispers its sweet melodies of the past, then Shang is the perfect place for you.

ITINERARY

### DAY 1: Lamayuru - Prinkti La - Wanla

Total Distance: 9.1 km

Time of trek: 3-4 hours

-Visit to one of the oldest and most famous gompas in Lamayuru

-Initial climb upto Prinkti La at an altitude of 3732m.

-Climb down from Prinkti La to Wanla at an altitude of 3146m.

-Homestay at Wanla

-Enjoy beautiful streams enroute.

### Day 2: Wanla - Hinju

Total Distance: 16.5 km

Time of trek: 6 hours

-Climb up the hill slope to reach Hinju at an altitude of 3785m

-Enjoy beautiful barley fields and the slow flowing river enroute.

-Homestay to rest your tired bodies at Hinju.

### Day 3: Hinju - Kongskil La - Sumda Doksa

Total Distance: 11.4 km

Time of trek: 6-7 hours

-Initially climb up till we reach Kongskil La pass at an altitude of 4948m.

-Enjoy the view from the top.

-Climb down to reach Sumda Doksa at an altitude of 4422m.

-Superb views of the Karakoram and Stok ranges.

**Day 4: Sumda Doksa - Base of Dung Dung Chan La**

Total Distance: 15.8 km

Time of trek: 6-7 hours

-Trek down initially before climbing back up to reach the base of Dung Dung Chan La.

-Final altitude at base camp 4428m.

-Enjoy the chilly river crossings.

### Day 5: Base of Dung Dung Chan La - Dung Dung Chan La - Chilling

Total Distance: 10.3 km

Time of trek: 3-4 hours

-Trek to Dung Dung Chan La with an initial climb upto 4593m followed by descent into Chilling at an altitude of 3195m.

-Enjoy views from the highest point on our trek.

-At Chilling, buy silver ornaments from the expert silversmiths.

### Day 6: Chilling - Skiu

Total Distance: 10.7 km

Time of trek: 3-4 hours

-Trek to Skiu after crossing the beautiful Zanskar river.

-Altitude gain is very less at 171m to reach Skiu at 3366m.

-Rest at Skiu for the night at homestay.

### Day 7: Skiu - Markha

Total Distance: 21.2 km

Time of trek: 6-7 hours

-Uphill trek to reach Markha at an altitude of 3760m.

-Follow the Zanskar river to reach Markha. Sara falls enroute.

-Largest village in the valley is Makha with 20 families.

-Visit to the ruined forts and monasteries in Markha.

### Day 8: Markha - Hankar

Total Distance: 11.2 km

Time of trek: 4-5 hours

-Trek up the hillside to reach Hankar at an altitude of 4030m.

-Follow the river to keep you company.

-Enjoy the Techa monastery near Umlung village, situated on the cliff-side.

### Day 9: Hankar - Nimaling

Total Distance: 10.7 km

Time of trek: 5-6 hours

-Trek steeply up the mountain slopes to reach Nimaling at an altitude of 4841m.

-Follow the trail to reach the plateaus of Nimaling.

### Day 10: Nimaling - Kongmaru La - Shang Sumdo

Total Distance: 17 km

Time of trek: 6-8 hours

-Trek begins with a climb to reach the pass at Kongmaru La at an altitude of 5260m.

-Enjoy the majestic views of the Kang Yatze and Karakoram hill ranges.

-Steep descent into Shang Sumdo at an altitude of 3680m.

-Enjoy multiple chilly river crossings.