CHADAR TREK

The word Chadar is derived from Urdu language translating to  cloak which is precisely very apt for Chadar trek as it’s basically a trek across the frozen blanket of ice sheet over the Zanskar River . It offers not only a once in a lifetime experience but it also guarantees free bragging rights , after all how many people trek across a frozen river at an altitude of 11000 feet . The trek provides an excellent opportunity to explore the ancient culture of Zanskar Village and witness the frozen Nerak waterfall . On the trek you may also spot some exotic high altitude species like the Snow Leapord , Ibex and Blue Sheep . The trek covers approximately 105 kilometers on foot in -15 degrees during the daytime and further drops to -25 degrees at night . It is amongst the top five most adventurous treks in the world .

***ITINERARY***

***Day 1***

* Reporting day at Leh (3500m./11,400ft.)
* Keep your woolen cap and gloves handy at Airport.
* The moment you exit the airplane you will be greeted by cold crisp air of Ladakhi winter .
* Check in for your hotels will begin at 10 am
* Orientation and briefing of the trek at 12:00 noon (Mandatory)

   ***DAY 2***

* As per the regulations of the Ladakh Government Authorities all trekkers doing the Chadar Trek have to spend at least two days in Leh city to get your body acclimatized to the weather and altitude conditions .
* We provide an exclusive opportunity to our clients climb the artificial glacier (1000 meters) in Sankar Monastery with crampons and ropes .
* Clients can spend the day in the city taking in the scenic winter .
* Overnight stay in the hotel .

***Day 3***

* As per the regulation guidelines of Ladakh Authorities the trekkers will need to go through a medical checkup .
* After getting cleared  physically fit for this trek , you will be allowed to proceed further for the Chadar trek .
* Overnight stay in the hotel .

***Day 4***

      **Trek 12 km / Drive 5-6 hours / Altitude 10,500ft ton10,800 ft**

* Trekkers will depart from Leh and head out towards the start point of our trek at Gyalpo.
* Trekkers will pass Gurudwara Pathar Sahib, Magnetic Hill and the confluence of the Zanskar and Indus rivers just before Nimu.
* Once past Chilling, we arrive at Bakula.
* You will commence 2 hour trek till Gyalpo. We take our first baby steps on the frozen river, so be prepared for some slips and falls! Walking in gumboots too will take a while, so be patient as it’s only your first day for long trek.
* We start off along the left bank, past the cascading waters of the Zanskar river and frozen waterfalls until we set up camp at Gyalpo.
* Our camp site is on a piece of flat land high above, giving you a stunning view of bend of the river.
* Stay in the camp.

***Day 5***

     **Trek 8 - 9 km / Drive 4-6 hours /  Altitude10,390ft to 10,760ft.**

* Rising early would have its perks as the sun comes out from behind the mountains and lights up the valley.
* The warm morning sun will also help your body get used to the cold while having some scrumptious breakfast as the Zanskar comes to life with the rising sun.
* A relatively easy day of walking past higher waterfalls will get you to Tibb Cave, which lies at the intersection of two valleys.
* In the evening a walk down the valley them will be good for  exploration.
* Stay in tent.

***Day 6***

      **Trek 12 - 13 km. / Drive 6-7 hours / Altitude 10,760ft to 11,100ft.**

* It’s the most eagerly awaited day, especially because en route Nyerak – the first village of Zanskar – is a stunning frozen waterfall. While the ones you have seen so far are from high up, this one is also several feet in length which makes it one of the most picturesque sights on the trek.
* Ahead of the waterfall is Nyerak, and while we camp by the river, a short walk early next morning will take you back to civilization for the first time in almost a week.
* At Nyerak, you can treat yourself to some goodies from the local shop and interact with the residents there, who are more than happy to indulge in a good conversation.
* Stay in the camp .

***Day 7***

      **Trek 12-13 km. / Drive 6-7 hours / Altitude 11,100ft to 10,760ft**

* After four days of walking on ice, you will now be an expert. So feel free to look around and soak in the surroundings.
* There’s a good chance of spotting Ibex and Bharal a Blue Sheep on the high slopes, and if you’re lucky, even a snow leopard walking along the ridge. Also look out for birds such as Lammergeirs and Choughs sailing high above the valley.
* It’s the longest day of the trek through narrow gorges, which means climbing up a short distance by the bank of the river in places where a solid walking surface is unavailable.
* Stay in the camp .

***Day 8***

       **Trek 11-12 km. Drive 6-7 hours/ Altitude 10,760ft to 10,500ft**

The Way back maybe tiring but at the same time very interesting. After 5 days in this chilling region you get use to this environment.

You take selfies of your favorite place, lying on the bed of ice, sharing your experience are the memories of trek.

We make our way back along the same way that we came, giving you the opportunity to soak in the sights that you probably missed.

Trekkers along the way are sure to check with you on the route ahead, so be prepared to play guide and share your experiences.

Overnight in Leh city .

***Day 9***

Checkout 10.00am from Leh.

After breakfast you will be checking out of the hotel .

Transfer to the airport

Fly to your desired destination.